

# 21 DAYS OF PRAYER

## **Isaiah 40:27-31 (NIV)**

*Why do you complain, Jacob? Why do you say, Israel, "My way is hidden from the Lord; my cause is disregarded by my God"? <sup>28</sup> Do you not know? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He will not grow tired or weary, and his understanding no one can fathom. <sup>29</sup> He gives strength to the weary and increases the power of the weak. <sup>30</sup> Even youths grow tired and weary, and young men stumble and fall; <sup>31</sup> but those who hope in the Lord will renew their strength.*

## **Big Idea**

In Isaiah 40, Israel was in a time of waiting. And as they waited, they began to question and doubt and wonder if they had been forgotten by God. Maybe that describes how you feel today. Isaiah 40 is God's response to that feeling of being forgotten by God.

When Israel feels forgotten, God says, "I created and named every star. By my power, not one of them is missing – *and neither are you.*" When you feel that your claims are not being heard, when you think God has forgotten you, God says... "Don't forget who *I am.*" The One who made you has not misplaced you.

Waiting naturally leads to weariness. We experience strength through things like joy, hope, and anticipation. But as Pastor Grant has said many times, we leak! A long wait can slowly drain our joy and hope, and in the process our strength. Proverbs 13:12 says, "Hope deferred makes the heart sick." In our own power, we would not make it. But God doesn't just have strength; He gives it. Those who wait for Him will renew their strength. While you wait, be strengthened in Him, and persevere with faith.

## **Discussion Questions**

- What impacted you most about today's video teaching?
- Are you growing weary in your waiting, or are you being renewed?
- How does Isaiah 40 speak to you in this season of your life?

## **Prayer Focus**

Prayer for God's strength to press on despite your weakness and weariness.

## **Next Step**

Encourage someone else with these verses this week who is going through a difficult season.